

## A Comparative Study of Four Methods for the Detection of Nematode Eggs and Large Protozoan Cysts in Mandrill Faecal Material

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### Keywords

Sedimentation · Flotation · Faecal egg counting technique · McMaster technique · Zoonotic enteric parasites · *Mandrillus sphinx*

### Abstract

Coprospectical methods like sedimentation and flotation techniques are widely used in the field for studying simian gastrointestinal parasites. Four parasites of known zoonotic potential were studied in a free-ranging, non-provisioned population of mandrills (*Mandrillus sphinx*): 2 nematodes (*Necator americanus*/*Oesophagostomum* sp. complex and *Strongyloides* sp.) and 2 protozoan species (*Balantidium coli* and *Entamoeba coli*). Different coprospectical techniques are available but they are rarely compared to evaluate their efficiency to retrieve parasites. In this study 4 different field-friendly methods were compared. A sedimentation method and 3 different McMaster methods (using sugar, salt, and zinc sulphate solutions) were performed on 47 faecal samples collected from different individuals of both sexes and all ages. First, we show that McMaster flotation methods are appropriate to detect and thus quantify large protozoan cysts. Second, zinc sulphate McMaster flotation allows the retrieval of a higher number of parasite taxa compared to the other 3 methods. This method further shows the highest probability to detect each of the studied parasite taxa. Altogether our results show that zinc sulphate McMaster flotation appears to be the best technique to use when studying nematodes and large protozoa.

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## Introduction

The close phylogenetic relationship between humans and non-human primates results in a high potential for pathogen exchanges between taxa [Wolfe et al., 1998; Miller and Fowler, 2014], and, as such, they share many parasitic, fungal, bacterial, and viral diseases [Whittier et al., 2000; Cibot et al., 2015]. Several cases of cross-species transmissions have been reported between humans and non-human primates, including viruses [Köndgen et al., 2008; Li et al., 2010], bacteria [Rwego et al., 2008; Wolf et al., 2014], blood-borne parasites [Standley et al., 2012], and intestinal parasites [Rwego et al., 2008; Hasegawa et al., 2014; Cibot et al., 2015]. Moreover, the risk of cross-species transmission is increasing because humans and non-human primates share more and more the same habitat [Legesse and Erko, 2004; Krief et al., 2010; Keita et al., 2014; Cibot et al., 2015; Narat et al., 2015], leading to water and food contamination [Legesse and Erko, 2004; Schuster and Visvesvara, 2004; Mossoun et al., 2015] or vector-borne disease transmission [Keita et al., 2014]. For example, zoonotic infections (pathogen agents that cross the barrier between humans and animals) were evidenced for intestinal parasites [Levecke et al., 2015] and herpesvirus [Burgos-Rodriguez, 2011] via physical contacts between humans and non-human primates, spumavirus such as simian foamy virus via exposure to simian fluids [Greger, 2007], and malaria [Galinski and Barnwell, 2009] via an intermediary host (mosquito bites). There is also the potential for zoonotic disease transmission through hunting and handling bushmeat: the butchering of chimpanzees is currently considered the most likely source for HIV-1, the strain of the AIDS virus that has spread around the world [Sharp and Hahn, 2011], and human outbreaks of Ebola haemorrhagic fever have been traced to exposure to the dead bodies of infected chimpanzees and gorillas [Muyembe-Tamfum et al., 2012].

Concerning zoonotic enteric parasites, direct transmission via the faecal/oral route is likely to be the most common form of transmission between humans and non-human primates [Thompson and Smith, 2011]. Because of the important public health implications, several studies have investigated gastrointestinal parasitism in non-human primates, including African apes [Ashford et al., 1990, 2000; Cibot et al., 2015; Narat et al., 2015] and cercopithecoids, such as baboons and mandrills [Benavides et al., 2012; Ebbert et al., 2015; Kouassi et al., 2015; Poirotte, 2016].

In the field, non-invasive methods are sometimes the only tools available to better understand patterns of infectious diseases and the current health status of wild animal populations [Jolles et al., 2008; Krief et al., 2008]. As such, coproscopical methods – based on non-invasive faecal material – can be easily implemented in different field conditions. These methods allow the detection of gastrointestinal nematodes and protozoa, and the estimation of parasite abundance within individual hosts as well as parasite prevalence [Krief et al., 2008; Kouassi et al., 2015; Lynsdale et al., 2015; Poirotte et al., 2016], albeit the adult worm burden is more difficult to assess due to many factors related to host immunity, health status, or parasite excretion rhythm, affecting the number of parasite eggs contained in host faecal material [Gillespie, 2006]. Two different techniques are commonly used for coproscopical analyses: sedimentation and flotation methods [Deluol, 1988; Kouassi et al., 2015; Peter et al., 2015; Becker et al., 2016; Chakraborty et al., 2016; Hyuga and Matsumoto, 2016]. Sedimentation techniques rely on the use of a low-density solution into which parasite forms fall. Centrifugation may be used in parallel to concentrate parasite forms.

Sedimentation techniques allow the detection of many different gastrointestinal parasites, including small ones for which microscopic identification requires a large lens, such as *Entamoeba* sp. cysts [Poirotte et al., 2016] or *Giardia* sp. cysts [Peter et al., 2015]. Conversely, flotation methods rely on the use of dense solutions: using an appropriate specific gravity (SG in g/mL), fewer dense parasite forms may float while most of the vegetal debris falls. Therefore this method allows microscopic detection and parasite quantification (i.e., number of eggs per gram) of helminth eggs by concentrating them on the surface of the fluid. Flotation may be preceded by a first stage of centrifugation (direct centrifugal flotation – DCF – methods) or not (simple flotation – SF – methods). In order to quantify parasite eggs, SF methods are further used in combination with a McMaster method [Great Britain Ministry of Agriculture, Fisheries and Food, 1971; Henriksen and Aagaard, 1976; Thienpont et al., 1986] which is inexpensive and easily replicable. These methods are among the most frequently employed methods used in wildlife parasitology [Coles et al., 1992; Gillespie, 2006]. Different flotation media, from simple table salt and sugar [Hyuga and Matsumoto, 2016] to other chemicals, such as zinc sulphate [Becker et al., 2016], magnesium sulphate [Quinn et al., 1980; da Silva et al., 2009], sodium chloride and sodium nitrate [Mbaya and Udendeye, 2011; Crawley et al., 2016; Hu et al., 2016], or a combination of different solutions, such as salt-sugar solution [Gotfred-Rasmussen et al., 2016], have been examined for their potential usefulness in the flotation procedure. Mixed results have been found in the literature, and no consensus has been reached so far to determine the best way to detect gastrointestinal parasites in animals' faecal material, although the best method may vary across species and conditions.

Taking into consideration both issues of detecting zoonotic enteric parasites in non-human primates and selecting a coproscopical technique to use in the field, the aim of this study was to evaluate the efficiency of 4 field-friendly methods to retrieve nematode eggs and protozoan cysts of known zoonotic potential in a free-ranging, non-provisioned population of mandrills (*Mandrillus sphinx*). We compared therefore a sedimentation method with 3 different SF methods combined with a McMaster technique (thereafter "SF-Mc") using 3 historically widely used flotation solutions [Foreyt, 2013]. We focused on 2 nematodes and 2 protozoan species of known zoonotic potential: *Necator americanus/Oesophagostomum* sp. complex [Yelifari et al., 2005; Ghai et al., 2014], *Strongyloides* sp. [Yelifari et al., 2005; Vadlamudi et al., 2006], *Entamoeba coli* [Becker et al., 2011; Barda et al., 2013], and *Balantidium coli* [Areal and Koppisch, 1956; Whittier et al., 2000; Centers for Disease Control and Prevention, 2016a] retrieved from 47 faecal samples collected from the population.

In humans, hookworm infection, such as *N. americanus*, can cause itching and a localized rash [Georgiev, 2000]. Heavily infected patients may even experience abdominal pain, diarrhoea, loss of appetite, weight loss, fatigue, and anaemia [Georgiev, 2000]. Concerning *Oesophagostomum* sp. infection, acute pain in the abdomen is the most common manifestation in humans – mimicking appendicitis – but the disease can also be lethal to chimpanzees [Krief et al., 2008, 2010; Centers for Disease Control and Prevention, 2016b]. Wild-born great apes develop clinical signs of oesophagostomosis as soon as they are detained in captivity while the presence of the same parasites often remains asymptomatic in wild animals [Krief et al., 2008]. The large majority of humans infected with *Strongyloides* do not develop any symptom but some people may develop abdominal pain, bloating, heartburn, intermittent episodes of diarrhoea and constipation, a dry cough, and rashes [Toledo et al., 2015; Centers for

Disease Control and Prevention, 2016c]. These parasites are also known to cause pulmonary and intestinal injuries in non-human primates and can even lead to a lethal infection in some individuals [Mati et al., 2014]. In humans, *B. coli* infects the large intestine and produces infective microscopic cysts. The infection is mostly asymptomatic but people who are immunocompromised are likely to experience diarrhoea, dysentery, abdominal pain, weight loss, nausea, and vomiting. If left untreated, perforation of the colon may occur until death. Finally, *Entamoeba* sp. may cause similar symptoms if not asymptomatic [Schuster and Ramirez-Avila, 2008; Centers for Disease Control and Prevention, 2016a]. In primates, infection by these gastrointestinal protozoa may cause watery diarrhoea, haemorrhagic dysentery, extra-intestinal pathologies, such as liver abscesses, and even death [Levecke et al., 2007].

The prevalence of these 4 taxa is known to vary from 13.9% (*Strongyloides* sp.) to 73.8% (*B. coli*; see Table 5 in Poirotte et al. [2016]) in the studied mandrills. We hypothesized that sedimentation would allow the detection of a greater diversity of parasite taxa, as this technique is likely to concentrate a wider range of parasite taxa than SF-Mc techniques, which require solutions of appropriate density to make parasite forms float. We also hypothesized that a greater quantity of parasite eggs and cysts would be recovered with the sugar solution because of its higher density compared to the other 2 solutions.

## Materials and Methods

### *Ethics*

This study is based on a non-invasive collection of biological material and complies with ethical protocols approved by the CENAREST institution (authorization No.: AR0001/14/MESRSC/CENAREST/CG/CST/CSAR). This research adhered to the legal requirements of Gabon for the ethical treatment of non-human primates.

### *Study Population*

We studied a free-ranging, non-provisioned population of mandrills living in a fenced private park (Lékédi Park), near the village of Bakoumba, in Southern Gabon. This study group was founded in 2002 when 36 individuals, originating from a semi-captive population housed at CIRMF (Centre International de Recherches Médicales de Franceville), were released into the park [Peignot et al., 2008]. A second release event occurred in 2006 with 29 additional animals. In 2003, wild males joined the group and females gave birth during the first postrelease year. In July 2015, the group was composed of a total of 125 individuals, including more than 85% of wild-born animals habituated to human presence [Brockmeyer et al., 2015]. Since early 2012, the group has been followed every day from 6 a.m. to 6 p.m. by field assistants [Brockmeyer et al., 2015]. During daily behavioural monitoring of the population, human observers collected fresh faecal samples.

### *Faecal Sampling and Parasite Diagnoses*

A total of 47 faecal samples was collected and analysed between July 2015 and October 2015. Among these 47 samples, 30 were opportunistically collected from unknown individuals while following the study group. The 17 remaining samples were collected from 8 male and 8 female mandrills (1 female was sampled twice over the study period) of the group aged 1.4–20.3 years. Whole faecal boluses were collected and mixed thoroughly before analysis. Sampled faecal material was stored at 4°C, within 6 h following collection. Sample analysis never occurred later than 3 days after sampling. We identified eggs from the 2-nematode *N. americanus/Oesophagostomum* sp. complex (eggs of the two species are morphologically indistinguishable) and *Strongyloides* sp. using indicative characteristics such as the form, length, colour, the nature of the egg shell, and the appearance of the egg content [Euzéby, 1982; Deluol, 1988]. Cysts from the 2 protozoa *B. coli* and *E.*

*coli* were diagnosed according to their typical morphological characteristics (see Table 2 in Poirotte et al. [2016]). The studied mandrills were also infected with other nematode and protozoan species [Poirotte et al., 2016] but we did not study them because they were absent in the studied samples.

#### *Coprospectical Analyses*

We used the 4 different methods, all 4 on the same day, on each of the 47 faecal samples by weighing 1 g of humid faeces, after homogenization of the entire faecal bolus.

For the sedimentation method, 1 g of faecal material and 6 ml of Bailenger solution (15 g sodium acetate, 3.60 mL acetic acid, 1,000 mL distilled water) were mixed with a tongue depressor in a Parasep filter faecal concentrator tube and then vortexed. The homogenized solution was then centrifuged at 1,500 rpm for 3 min; 4 mL of the supernatant were removed, and the remaining pellet was resuspended. A 20- $\mu$ L drop of the homogenized pellet was deposited on a slide for microscopic analyses, and 60  $\mu$ L of physiological serum were added. We examined the slide using the 10 $\times$  and 40 $\times$  objective lenses.

The McMaster counting slide is composed of two chambers that can be filled with suspensions of faecal samples mixed with a given volume of flotation solution. These 2 chambers are marked with a grid (composed of 6 lines) on the inferior face of the superior slide. Thus, using a flotation medium showing a higher density than that of the studied parasite forms allows the latter to adhere to the inferior face of the superior slide, while debris fall to the bottom of the chamber. Eggs are then counted within the engraved area of both chambers. By knowing the concentration of the solution “faeces/flotation liquid” used to fill the chambers of the McMaster slide, a multiplication factor can be applied to estimate the number of eggs per gram of faeces [Foreyt, 2013]. In this study, we compared 3 different flotation solutions for their ability to recover nematode eggs and protozoan cysts from mandrills’ faeces. A saturated salt solution was obtained by adding 400 g of NaCl to 1,000 mL of distilled water solution (SG: 1.18, Willis’ liquid [Foreyt, 2013]), a saturated sugar solution was obtained by diluting 454 g of granulated sugar with 355 mL of distilled water (SG: 1.27, Sheather’s sugar [Foreyt, 2013]), and a zinc sulphate solution was obtained by adding 371 g of ZnSO<sub>4</sub> to 1,000 mL of distilled water (SG: 1.18, Faust’s liquid [Foreyt, 2013]). First, we mixed 1 g of faecal material with 15 mL of the chosen flotation solution. The mixture was then filtered with a dry pad on a strainer, and the suspension was immediately transferred to a 2-chamber McMaster counting slide by filling both chambers. After 5 min, we counted nematode eggs on both grids, and the number obtained was multiplied by 50 to calculate the number of eggs per gram of faeces [Foreyt, 2013]. Conversely, we counted protozoan cysts on only 2 lines of a grid because of their elevated concentrations: the results were multiplied by 300 (2 lines  $\times$  6 = 12 lines, 12 lines  $\times$  50 = 300) to obtain the number of cysts per gram of faeces. All coprospectical analyses were performed by 2 experimented observers at the same time. Consensus was obtained for each slide.

#### *Statistical Analyses*

First, we compared the number of parasite taxa detected by each method. Then, for each parasite taxon, we compared the probability of detection associated with each of the 4 different methods used. Finally, we quantitatively compared the 3 different flotation solutions in their ability to recover eggs and cysts. We performed Wilcoxon signed-rank tests for all these analyses (SAS version 9.3, proc univariate).

## **Results**

We showed that overall, SF-Mc-zinc revealed significantly more parasite taxa (mean  $\pm$  SD: 2.60  $\pm$  0.91) than the other 3 methods (sedimentation: 2.19  $\pm$  1.06; SF-Mc-sugar: 2.13  $\pm$  1.00; SF-Mc-salt: 0.79  $\pm$  0.77; Tables 1, 2). SF-Mc-salt also revealed significantly fewer parasite taxa than the other 3 methods, and the difference between SF-Mc-sugar and the sedimentation was not significant (Tables 1, 2). Additionally, with SF-Mc-zinc, damaged protozoan cysts that looked like truncated or deflated bal-

**Table 1.** Positivity rates of the 47 faecal samples used for the 4 coproscopical methods

Parasite taxa	Positivity rates in relation to the total number of faecal samples collected	Positivity rates in relation to the methods			
		sedimen- tation	SF-Mc- zinc	SF-Mc- sugar	SF-Mc- salt
<i>N. americanus/Oesophagostomum</i> sp. complex	0.68	0.34	0.68	0.62	0.53
<i>Strongyloides</i> sp.	0.43	0.21	0.38	0.30	0.21
<i>Balantidium coli</i>	0.85	0.72	0.72	0.11	0.00
<i>Entamoeba coli</i>	0.94	0.64	0.79	0.70	0.02

**Table 2.** Results of Wilcoxon signed-rank tests comparing the number of parasite taxa detected across the 4 methods

Pairwise comparisons	V	p
Sedimentation/zinc sulphate	82	0.01
Sedimentation/salt	764	<0.0001
Sedimentation/sugar	374	0.73
Sugar/salt	0	<0.0001
Salt/zinc sulphate	0	<0.0001
Sugar/zinc sulphate	117	<0.01

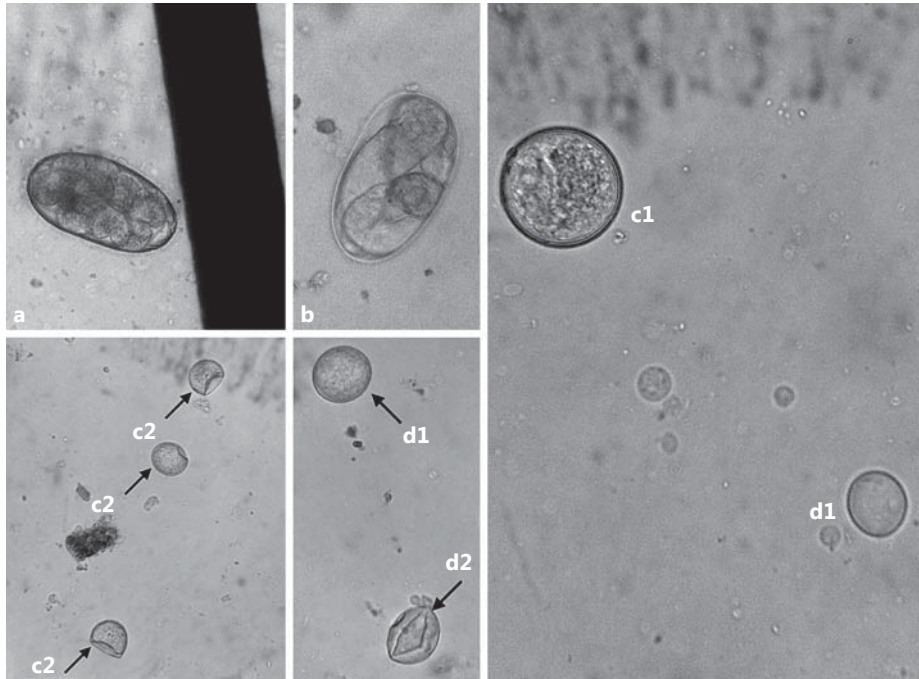
loons were sometimes found (Fig. 1). This distortion did not cause, however, any difficulties for diagnosis because the refractivity and diameter of the protozoan cysts were conserved.

Regarding the probability of detection of each parasite taxon, SF-Mc-zinc was generally better to detect all 4 studied parasite taxa than any other methods (Table 3; Fig. 2). However, SF-Mc-sugar solution was equally good at detecting eggs of both nematode species and cysts of *E. coli* as SF-Mc-zinc was. Finally, the sedimentation method was also equally good as SF-Mc-zinc to detect cysts of *B. coli*.

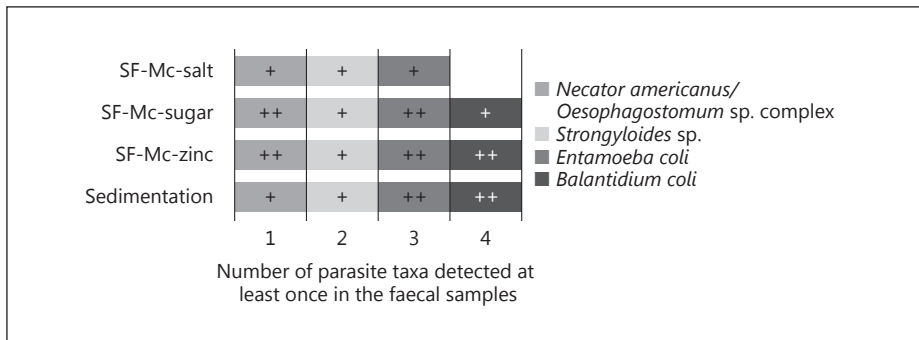
Finally, when comparing the quantity of eggs retrieved in the 3 flotation solutions, we found that while SF-Mc-zinc was again the best method to retrieve a higher number of both protozoan species, SF-Mc-sugar and SF-Mc-zinc allowed the retrieval of more eggs of the complex *N. americanus/Oesophagostomum* sp. than SF-Mc-salt. The 3 flotation solutions gave, however, equivalent results in their ability to recover eggs of *Strongyloides* sp. (Table 4).

## Discussion

In this study, we compared the ability of 4 different coproscopical methods to retrieve parasite forms in a free-ranging, non-provisioned population of a primate species. We first showed that SF-Mc-zinc and to a lesser extent SF-Mc-sugar were valuable for studying zoonotic enteric parasites in mandrills. Additionally, we pro-



**Fig. 1.** Eggs and cysts recovered with the SF-Mc method. **a** *Necator americanus/Oesophagostomum* sp. complex egg. **b** *Strongyloides* sp. egg. **c1** *Balantidium coli* cyst. **c2** *Balantidium coli* damaged cyst (SF-Mc-zinc). **d1** *Entamoeba coli* cyst. **d2** *Entamoeba coli* damaged cyst (SF-Mc-zinc).



**Fig. 2.** Comparison of the probability of detection of each studied parasite taxon. For each taxon, the same number of “+” symbols indicates that the probability of detection is statistically equal using both techniques, whereas a higher number of “+” symbols indicates that the probability of detection is significantly superior with this technique.

**Table 3.** Results of Wilcoxon signed-rank tests comparing the probability of detection of each studied parasite and associated probabilities across the 4 methods

Parasite taxa	Pairwise comparisons	V	p	Probability of detection			
				sedimen- tation	SF-Mc- zinc	SF-Mc- sugar	SF-Mc- salt
<i>Necator americanus</i> / <i>Oesophagostomum</i> sp. complex	Sedimentation/zinc sulphate	9.5	<0.001	0.34	0.68	0.62	0.53
	Sedimentation/salt	50	0.04				
	Sedimentation/sugar	44	<0.01				
	Zinc sulphate/sugar	12	0.23				
	Zinc sulphate/salt	28	0.01				
	Salt/sugar	18	0.13				
<i>Strongyloides</i> sp.	Sedimentation/zinc sulphate	13	0.02	0.21	0.38	0.30	0.21
	Sedimentation/salt	18	1				
	Sedimentation/sugar	9	0.18				
	Zinc sulphate/sugar	18	0.13				
	Zinc sulphate/salt	50	0.01				
	Salt/sugar	18	0.13				
<i>Balantidium coli</i>	Sedimentation/zinc sulphate	28	1	0.72	0.72	0.11	0
	Sedimentation/salt	595	<0.0001				
	Sedimentation/sugar	527	<0.0001				
	Zinc sulphate/sugar	480	<0.0001				
	Zinc sulphate/salt	595	<0.0001				
	Salt/sugar	15	0.04				
<i>Entamoeba coli</i>	Sedimentation/zinc sulphate	20	0.06	0.64	0.79	0.70	0.02
	Sedimentation/salt	480	<0.0001				
	Sedimentation/sugar	80	0.51				
	Zinc sulphate/sugar	68	0.30				
	Zinc sulphate/salt	666	<0.0001				
	Salt/sugar	528	<0.0001				

vided the first evidence that SF-Mc-zinc may be used to detect and, as a consequence, to quantify protozoan cysts of *B. coli* and *E. coli*. An accurate quantification of these large protozoan species still needs, however, several methodological validations such as interobserver reliability tests (in our case, 2 observers read the same slides).

Second, we also found that SF-Mc-zinc allows the detection of more different parasite taxa than sedimentation did. This result may be related to the presence of more debris on the sedimentation slide because of a lower dilution (1 g faecal material/6 mL) than on the McMaster slide where dilution was higher (1 g faecal material/15 mL). Moreover, if an appropriate flotation medium is used, most vegetal debris should fall to the bottom of McMaster counting chambers, facilitating the reading on both grids. Increasing the dilution when using the sedimentation method would have possibly led to a better sensitivity of the method.

The different flotation solutions used appear to show large differences in their recovery/detection rates. A limiting factor possibly explaining these contrasts found across flotation techniques is the time span between loading the McMaster chambers



**Table 4.** Results of Wilcoxon signed-rank tests comparing the number of eggs/cysts per gram of faeces (with the associated means of occurrence) across the 3 flotation methods

Parasite taxa	Pairwise comparisons	V	p	Mean of eggs/cysts per gram of faeces ± SD		
				SF-Mc-zinc	SF-Mc-sugar	SF-Mc-salt
<i>Necator americanus</i> / <i>Oesophagostomum</i> sp. complex	Zinc sulphate/salt	278	0.04	205.32±284.04	236.17±321.80	145.74±206.64
	Zinc sulphate/sugar	180	0.18			
	Salt/sugar	104	0.01			
<i>Strongyloides</i> sp.	Zinc sulphate/salt	107	0.36	63.83±110.68	44.68±77.48	48.94±129.17
	Zinc sulphate/sugar	101	0.26			
	Salt/sugar	39	0.678			
<i>Balantidium coli</i>	Zinc sulphate/salt	595	<0.0001	887.23±1,307.61	44.68±152.95	0.00
	Zinc sulphate/sugar	546	<0.0001			
	Salt/sugar	0	0.05			
<i>Entamoeba coli</i>	Zinc sulphate/salt	666	<0.0001	7,123.40±8,829.13	600.00±699.38	6.38±43.76
	Zinc sulphate/sugar	818	<0.0001			
	Salt/sugar	0	<0.0001			

and counting the parasite forms [Ballweber et al., 2014]. In this study, a 5-min timeframe was chosen. While most other studies used a 5- to 10-min timeframe, the optimal interval appears sometimes to be higher (30 min for *Heligmosomoides* sp. [Dunn and Keymer, 1986]). Additionally, sugar solutions, which have higher viscosity, have been suggested to require longer standing time compared to others [Broussard, 2003].

We further expected that higher quantities of parasite eggs and cysts would be recovered with sugar solution because its SG (1.27) was higher than that of zinc sulphate solution (1.18) or salt solution (1.18). As such, sugar solution allowed better retrieval of eggs of the *N. americanus*/*Oesophagostomum* sp. complex. However, we found that protozoan cysts are better recovered using SF-Mc-zinc, highlighting the possibility that other factors than SG play a role in recovering parasites, such as faeces moisture, lipid richness, amount of debris or even storage conditions [Ballweber et al., 2014]. To avoid such biases, we performed intrasample comparisons, but these parameters should be taken into account when making intersample comparisons. The fact that SF-Mc-zinc performed better in retrieving protozoan cysts than SF-Mc-salt and SF-Mc-sugar is in contradiction with previous studies in dairy cattle. The recovery efficiency for *Cryptosporidium parvum* oocysts is better using a flotation with a salt solution than with a sugar solution [Kar et al., 2011]. These contrasted results across species suggest that extrapolations to other study systems are not always possible.

Although SF-Mc-zinc was our preferred method, its main drawback was that we found a high proportion (>50%) of damaged protozoan cysts. Other studies have also used flotation methods to detect protozoan cysts and oocysts of, e.g., *Giardia* cysts [Zajac et al., 2002], *Cryptosporidia* [Peter et al., 2015], or *Eimeria* [Zenner et al., 2002; Richard, 2012; Hu et al., 2016]. Zinc sulphate solution is known for distorting most helminth eggs. However, sugar solution also tends to distort *Giardia* cysts, whereas zinc sulphate is considered ideal for their isolation [Broussard, 2003]. Particular attention should therefore be paid to these variations regarding the integrity of some

parasite forms in order to avoid both false negatives and false positives. In this study, damaged *B. coli* and *E. coli* cysts kept their refractivity and diameters so that their diagnoses were still possible. Another limitation when using SF-Mc in general to study protozoan cysts is the impossibility of diagnosing small cysts accurately, since the  $\times 100$  lens would break the thick upper plate of the McMaster slide. As such, small amoebas like the *Entamoeba histolytica/dispar* complex or *Endolimax nana* cannot be unambiguously diagnosed. In these cases, sedimentation techniques remain the most appropriate ones.

Whether one method should be preferred to another depends on the question asked. For qualitative measurements involving, for example, an adapted medical treatment, the method allowing the detection of the widest range of parasite taxa should be preferred. SF-Mc-zinc should therefore be chosen. By contrast, if quantitative measurements are sought to compare parasite loads across individuals or to evaluate excretion levels, then the method allowing a higher detection of a given parasite species should be selected. SF-Mc-zinc should again be favoured. SF-Mc methods have been criticized when treatment decisions were needed, because their predictive value is near zero when animals are only slightly parasitized: at low egg count ( $< 50$  eggs/g), these methods generally yield poor results regarding the probability of detection of parasites [Egwang and Slocombe, 1981; Rinaldi et al., 2011]. Consequently, in these cases when precise quantification is not needed while high sensitivity is necessary to avoid false negatives, sedimentation methods should be favoured.

Studies on simian gastrointestinal parasitism often use several coproscopical methods at the same time [Mbaya and Udendeye, 2011; Helenbrook et al., 2015; Kouassi et al., 2015; Li et al., 2015] and/or molecular analyses to improve parasite detection [Cibot et al., 2015]. Few studies use only SF-Mc-zinc (e.g., see Mutani et al., 2003). According to our findings, we would recommend, however, to use this method alone if looking for a field-friendly method, especially when studying large gastrointestinal parasites (nematodes and large protozoan) in species sharing similar characteristics with mandrills. Indeed and as mentioned above, the SF-Mc-zinc method may vary depending on host diet and living conditions. Caution is necessary to generalize our findings to other non-human primate species and when looking for other parasites than the ones studied here.

Other coproscopical methods than the 4 tested are also regularly used in studies comparing methods or studying animal parasitism. For example, the DCF method (SF with a first step of centrifugation) using Sheather's sugar is considered as the gold standard method for detecting most veterinary helminth eggs and coccidian oocysts [Broussard, 2003]. Moreover, the DCF method using a sugar solution has been documented as being more suitable for the detection of *Platynosomum* sp. (trematode) in cats than sedimentation methods [Rocha et al., 2014]. Therefore, a first centrifugal step might have led to better results when using SF-Mc-sugar. The advantages of an initial centrifugation step have been largely documented [Egwang and Slocombe, 1981; Zajac et al., 2002; Broussard, 2003]. In other cases though, SF-Mc methods provided more accurate measurements of strongyle eggs in cattle and sheep faecal material compared to a modification of the Stoll method [Stoll, 1930], which is a DCF method [Ballweber et al., 2014]. Modified methods, combining flotation and sedimentation, have also been tested: the prevalence of *Anoplocephala perfoliata* in horses' faecal samples is significantly higher using a modified sedimentation-flotation method (50-g faeces samples, flotation solution-saturated NaCl and sucrose; SG: 1.25) than SF-Mc methods

[Tomczuk et al., 2014], and a simple sedimentation together with the modified zinc sulphate flotation method would improve the diagnosis of nematode eggs and protozoan cysts in dog faeces [Cöplü et al., 2007]. Regarding the complementary advantages highlighted in this study of both the sedimentation technique and the SF-Mc-zinc method, the use of such modified methods would be worth studying for their ability to detect simian gastrointestinal parasites. Comparisons of the efficiency of different coproscopical methods constitute a useful and necessary methodological basis to set up e.g., epidemiological surveys. In this study, we compared the value of 4 different coproscopical methods in detecting 4 gastrointestinal parasites of known zoonotic potential in a free-ranging population of a primate species. We first showed that SF-Mc-zinc and to a lesser extent SF-Mc-sugar are valuable methods for studying gastrointestinal parasitism in mandrills. The choice of SF-Mc-zinc (i.e., zinc sulphate simple flotation coupled with a McMaster method) appears to be the most relevant method when studying zoonotic simian gastrointestinal large parasites (nematode eggs and large protozoan cysts). Additionally, we provided the first evidence that this method may be used to detect and quantify large protozoan cysts such as *B. coli* and *E. coli*.

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### Disclosure Statement

The authors certify that they have no affiliations with or involvement in any organization or entity with any financial interest, or non-financial interest in the subject matter or materials discussed in this paper.

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